



August 15, 2013

Golfers Swing Through First Round

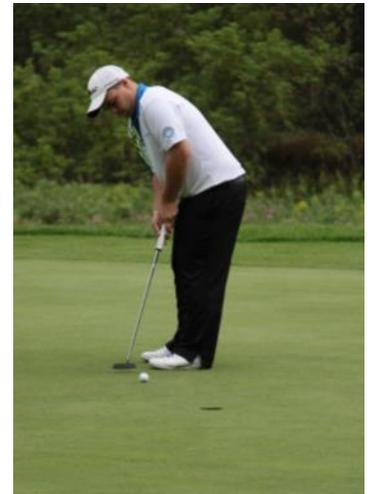


Golf

Opening rounds of golf were played under the rain and wind. The 3 Yukonners were the first out, teeing up with NL and NWT. The men were nervous but came through. First round is out of the way and they can put it behind them. Parker (Spiderman) Olson reached his objective today by scoring a 90 and his score will register for the team event with Trever Harris' 93.



Friendly residents helping out our photographer



Weather

Today



High 22

Low 11

Tomorrow



High 22

Low 13

Canoe-Kayak

At Lac de Nations Jason Zrum competed in the 5000 m distance in the K-1 category. Coming back from the first turn at the 1000m mark, the rain started and the wind picked up, making the paddling a bit tougher. Jason continued to paddle hard while staying as close to the back of the pack as he could maintain. After 2000m the race course switched to 4 loops set between a set of buoys right in front of the stands. Each boat had to navigate around the corners to the next set of buoys. Jason worked hard at maintaining a strong consistent paddle pace while ensuring he kept his stroke long at the same time. At the end of the race he accomplished his goal of finishing under 27:00 with a new personal best time of 26:26 for a ninth place finish. The top finisher finished at 21:56.

Even though Jason did not come in first he received many positive encouraging comments and support from the other Provinces and athletes. Most were very impressed with 2 months of training that he would even consider entering this event.



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Today's Schedule

DAY	TIME		EVENT	CATEGORY	SPORT	LOCATION
	START	FINISH				
THURS, AUG 15	8:00	11:00	Practice - Track, Jumps, Shotput Javelin	All	Athletics	Universite de Sherbrooke
	8:00	9:30	Practice - Discus	All	Athletics	Universite de Sherbrooke
	9:10		Tee Off - James McGrath	Male	Golf	Club de Golf Milby
	9:20		Tee Off - Trever Harris	Male	Golf	Club de Golf Milby
	9:30		Tee Off - Parker Olson	Male	Golf	Club de Golf Milby
	9:45		K-2 200m Heats	Male	Canoe/Kayak	Lac des Nations, Parc Jaques Cartier
	13:45		Consolation Final - K-2 200m	Male	Canoe/Kayak	Lac des Nations, Parc Jaques Cartier
	13:50		Final - K-2 200m	Male	Canoe/Kayak	Lac des Nations, Parc Jaques Cartier
	14:30		Yukon vs. Saskatchewan	Male	Soccer	Terrain Nouveau Concorde - Universite de Sherbrooke
	16:00		MEDAL CEREMONY	Male	Canoe/Kayak	Lac des Nations, Parc Jaques Cartier
	17:45		Discus Final	Female	Athletics	Universite de Sherbrooke
	18:00		4x100m Relay Final B	Female	Athletics	Universite de Sherbrooke
	19:45		Javelin Final	Male	Athletics	Universite de Sherbrooke
	20:42		1500m Final	Male	Athletics	Universite de Sherbrooke
	21:00		MEDAL CEREMONY	All	Athletics	Universite de Sherbrooke



Road Cycling

Today Melanie and Shea were challenged with one of the most difficult courses in recent CSG history. And thats before you throw in the wind and torrential down pours! They didn't back away from the challenge though and left it all out on the road. After not feeling great in the first couple laps Melanie found her legs and started picking off riders finishing the day in 22nd place. Shea had the daunting task of completing 11 of the grueling laps a feat that less than half the field achieved. Despite not completing all of the laps Shea threw down an impressive ride! He had a great time and gained invaluable experience racing with this high caliber field. All in all it was another great day here in Sherbrooke with some impressive riding by the team!



Soccer

The Yukon boys had a light practice day in preparation for their match with Saskatchewan on Thursday at 2:30pm. After assessing the team prior to taking the pitch team coach Victor Lavanderos was wondering if he should name the boys `the walking wounded` as 8 boys have now been through the medical center with injuries. Assistant coach Arnold Hedstrom indicated that the team spirit remained high even with all the injuries. ``They are a resilient bunch`` said Arnold

Athletics

Yesterday was a day off for the Athletics team. Members of the team were observed in downtown Sherbrooke enjoying the shopping and checking out the cultural events. Today they will compete in Discus, Javelin, the 4 x 100 Female B final and the 1500 Male A final. Fellow Yukoner Jessica Frotten will be competing in the 400m and 1500m para events for Saskatchewan, lets cheer her on.



Entertainment

Thursday Aug. 15

7-8PM – Soirée Québécoise in the Quad Tent

Poutine and Sugar Shack with music by Olivier Brousseau

8:30-10:30PM – Music by Regan Campbell in the Gait

